

VASAVI COLLEGE OF ENGINEERING (AUTONOMOUS), HYDERABAD
DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES

COURSE NAME-LEARNING TO LEARN
 (Open Elective) SYLLABUS FOR B.E. 2/4 – III SEMESTER

W.E.F-2024-2025

Instruction: 2 Hours	SEE: 60	Course code: U23OE310EH
Credits: 2	CIE: 40	Duration of SEE: 3 Hours
COURSE OBJECTIVES The course will enable the learners to: <ol style="list-style-type: none"> 1. Develop effective study skills, and enable students to cut down on the number of hours spent studying. 2. Explore illusions of competence in learning, the challenges of overlearning, and the advantages of interleaving. 3. Handle procrastination and learn for long term. 4. Plan, prioritise and carry out tasks based on goals and priority. 		COURSE OUTCOMES At the end of the course the learners will be able to: - <ol style="list-style-type: none"> 1. Get learners maximize their learning in a stipulated amount of time. 2. Become competent learners and learn creatively. 3. Meet deadlines, submit progress reports and recall what has been learnt for effective usage. 4. Set Performance Standards and take initiative based on set goals.

OVERVIEW:

No matter what your skill levels in topics you would like to master, you can change your thinking and change your life. If you are struggling to cope, you'll see a structured treasure trove of practical techniques that walk you through what you need to do to get on track. If you've ever wanted to become better at anything, this course will help serve as your guide.

UNIT 1: STUDY SKILLS

Good study skills can increase a student's confidence, competence, and self-esteem. They can also reduce anxiety about tests and deadlines. This module is designed to develop effective study skills, and enable students to cut down on the number of hours spent studying, leaving more time for other important things in their life

- 1.1 Study Skills Checklist
- 1.2 Learning Styles
- 1.3 Habits of Effective Students
- 1.4 Using the Focused and Diffuse Modes
- 1.5 Introduction to memory and Memory Technique

UNIT 2: Chunking

In this module, we're going to be talking about chunks. Chunks are compact packages of information that your mind can easily access. We'll talk about how you can form chunks, how you can use them to improve your understanding and creativity with the material, and how chunks can help you to do better on tests. We'll also explore illusions of competence in learning, the challenges of overlearning, and the advantages of interleaving.

- 2.1 Knowledge Chunking
- 2.2 Skill and Will
- 2.3 Sleep and Learning

UNIT 3: Procrastination and Memory

In this module, we talk about two intimately connected ideas—procrastination and memory. Building solid chunks in long term memory--chunks that are easily accessible by your short term memory—takes time. This is why learning to handle procrastination is so important. Finally, we talk about some

of the best ways to access your brain's most powerful long term memory systems so that learning is long term and the learner has the ability to recall and use it as per need.

- 3.1 Controlling Procrastination
- 3.2 Ranking the importance of tasks with a to- do list
- 3.3 Finding their most productive time
- 3.4 Keeping track of time spent on different tasks
- 3.5 Introduction to Deep learning

UNIT 4: Renaissance Learning and Unlocking Your Potential

In this module we're going to talk more about important ideas and techniques that will enhance student's ability to learn. Students will also discover how to more profitably interact with fellow learners, how to recognize your own strengths, and how to avoid the "imposter syndrome." Fighter pilots and surgeons use checklists to help them with their critical duties—you can use a similar checklist to help you prepare for tests. Ultimately, you will learn more about the joys of living a life filled with learning!

- 4.1 Psychology of Goal Setting
- 4.2 Criteria for Goal Setting
- 4.3 Steps in Goal Setting
- 4.4 Visioning
- 4.5 Strategy & Action Plan
- 4.6 Goal Progress Review

LEARNING RESOURCES

learn.talentsprint.com

The break-up of CIE: Internal Tests + Assignments + Quizzes

1	No. of Internal tests	:	<input type="text" value="2"/>	Max. Marks	:	<input type="text" value="30"/>
2	No. of assignments	:	<input type="text" value="2"/>	Max. Marks	:	<input type="text" value="5"/>
3	No. of Quizzes	:	<input type="text" value="2"/>	Max. Marks	:	<input type="text" value="5"/>

Duration of Internal Tests : 90 Minutes

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