VASAVI COLLEGE OF ENGINEERING (AUTONOMOUS), HYDERABAD
DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES

COURSE NAME-LEARNING TO LEARN
SYLLABUS FOR B.E. 1/4 – I & II SEMESTERS

W.E.F-2025-2026

Instruction: 1 Hour	SEE: 40	Course code: U25HS040EH
Credits: 1	CIE: 30	Duration of SEE: 2 Hours

COURSE OBJECTIVES	COURSE OUTCOMES
The course will enable the learners to:	**At the end of the course the learners will be able to:**
1. Understand the importance of a growth mindset and personal learning styles.	1. Students will be able to adopt a growth mindset and customize learning strategies based on their strengths.
2. Learn techniques to improve memory retention and focus for effective learning.	2. Students will apply mnemonic devices, active recall, and focus strategies to enhance their learning process.
3. Develop practical time management skills to prioritize tasks effectively.	3. Students will implement time-blocking and prioritization techniques for better productivity.
4. Help students understand questions, structure answers effectively, and manage time for improved exam performance.	4. Students will apply strategies to interpret questions and write clear, effective answers within time limits.

Overview:

In an era shaped by rapid change and evolving technologies, the ability to learn continuously is a core skill for personal and professional success. This course is designed to help engineering students become self-directed, adaptable learners. By exploring mindset, memory techniques, focus strategies, time management, and reflection, students will develop learning habits that support lifelong growth and workplace readiness.

UNIT 1: Foundations of Learning
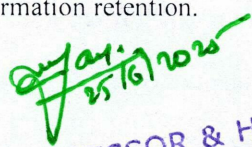Builds a strong base for lifelong learning through mindset, self-awareness, and personal learning styles.

1.1 Growth Mindset
1.2 Understanding Learning Styles
1.3 Overcoming Procrastination

Learning Outcomes:
- Cultivate a growth mindset to embrace challenges and persist in learning
- Identify personal learning preferences and adapt strategies accordingly
- Recognize and overcome common learning barriers like procrastination

UNIT 2: Memory and Focus
Equips students with practical strategies to improve attention and information retention.

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2.1 Techniques for Focus and Attention
2.2 Spaced Repetition and Active Recall
2.3 Mind Mapping for Retention

Learning Outcomes:

- Practice focused learning using tools like Pomodoro and distraction management
- Enhance memory with scientifically supported methods like spaced repetition and recall
- Use visual techniques such as mind maps to organize and retain complex content

UNIT 3: Managing Time Effectively

Enables students to manage academic and personal responsibilities through smart scheduling and prioritization.

3.1 Prioritization (Eisenhower Matrix)
3.2 Time Management Tools
3.3 Balancing Academics and Personal Goals

Learning Outcomes:

- Prioritize tasks using structured models for better academic planning
- Use digital or physical tools to track goals, deadlines, and productivity
- Design a sustainable routine that aligns academic success with well-being

UNIT 4: Strategic Exam Skills Decoded

Focuses on building strategic approaches to tackle exams effectively, with emphasis on comprehension, answer structuring, and time-bound performance.

4.1 Understanding the Question
4.2 Structuring the Answer
4.3 Customizing Answers for Impact

Learning Outcomes:
- Interpret exam questions accurately and identify the expected response type and depth.
- Construct well-structured, relevant answers tailored to the marks and keywords in the question.
- Recognize and eliminate common answer-writing errors like digression and unnecessary detail.

Suggested Books
1. Mindset: The New Psychology of Success by Carol S. Dweck
2. Make It Stick: The Science of Successful Learning by Peter C. Brown, Henry L. Roediger III, and Mark A. McDaniel
3. Eat That Frog! by Brian Tracy
4. How to Write Better Essays by Bryan Greetham

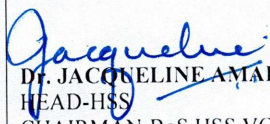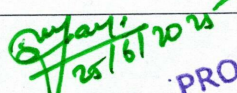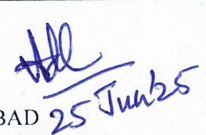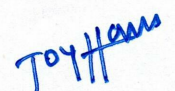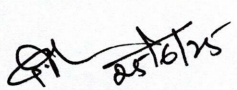### LEARNING RESOURCES

learn.talentsprint.com

The break-up of CIE: Internal Tests + Assignments + Quizzes

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1	No. of Internal tests	:	1	Max. Marks	:	20
2	No. of assignments	:	1	Max. Marks	:	5
3	No. of Quizzes	:	1	Max. Marks	:	5

Duration of Internal Tests : 90 Minutes

SIGNATURES:-

Dr. JACQUELINE AMARAL HEAD-HSS CHAIRMAN-BoS,HSS,VCE	**PROF. B. VIJAYA** HEAD, DEPARTMENT OF ENGLISH, OSMANIA UNIVERSITY &DIRECTOR,ENGLISH LANGUAGE TEACHING CENTRE (ELTC),OSMANIA UNIVERSITY *PROFESSOR & HEAD Department of English OSMANIA UNIVERSITY HYDERABAD - 500 007.*
Dr. JOY ANURADHA SUBJECT EXPERT UNIVERSITY OF HYDERABAD 25 Jun25	**DR. JOY HANS** CORPORATE REPRESENTATIVE
MS.VATHSALA NARASIMMAN DIRECTOR- DELIVERY TALENT SPRINT	
MEMBERS OF HSS, VCE :- **Dr. G. MEENA** 25/6/25	MEMBERS OF HSS, VCE :- **Dr. B. SHEELA RANI SIMON**
Dr. K. JHANSI RANI	**Dr. T. SUNAND EMMANUEL**